
**EVERY CHILD IS SPECIAL
AT THE ANNAVALE
HEADSTART NURSERY
SCHOOL**

We plan each day's activities to make the most of your child's interests, strengths and curiosity. We want each child to have fun while they learn.

We welcome suggestions and ideas from parents. You can help us understand your child better. At the same time, we can offer ideas and activities you can do at home. Together we can help your child learn and grow.

The Nursery School staff is well-trained in child development and learning. Using their professional skills, they plan and run the program so that every child benefits. The Nursery School staff are members of the Carlington Parent-Child Program Team.



Carlington Community Health Centre

Carlington Community Health Centre is a non-profit community-based health centre. We provide many kinds of health and social services.

We are committed to building a healthy community. To do this, we provide programs to support social, economic, physical, mental and environmental health for everyone.

Programs for families and preschool children include:

- Drop-in programs for parents and children (such as play groups, well baby clinics)
- Programs to help parents solve family problems
- Baby Cupboard - a program that provides emergency baby supplies
- Support program for pregnant women
- Help with breastfeeding
- Information about other programs in the community



Carlington Community Health Centre

900 Merivale Road
Ottawa, ON K1Z 5Z8

Tel: 613-722-4000

Fax: 613-761-1805

www.carlington.ochc.org

**ANNAVALE
HEADSTART NURSERY
SCHOOL**

**A Subsidized Full-Day Preschool
Program for**

**Children aged 2 until eligibility for JK
entry.**



Located in:
W.E. Gowling School
250 Anna Ave.
Ottawa, ON K1Z 7V6

Phone (613) 798-5689

*This program is funded by:
The City of Ottawa and Carlington
Community Health Centre*

ANNAVALE HEADSTART NURSERY SCHOOL

A program to help your child learn and grow while they have fun!

A great way to help your child get ready for school!

Who can take part?

- Children aged 2 until eligible for JK entry.
- Parents must be eligible for full subsidy from the City of Ottawa.

What will children do?

- Children will enjoy songs, toys, games, trips to interesting places, snacks, lunch, and more.
- They will learn about colours, numbers and words.
- They will develop speaking and listening skills.
- They will learn to play together with other children.

When does the program take place?

Hours: 8:30 am - 3:30 pm.

What is provided?



Healthy lunch and snacks



Games, toys and crafts



Transportation for field trips



Transportation to and from the program for families in the Carlington area



Speech and Language
Assessment

What do parents do?

Parents are welcome into the program, and are encouraged to participate in our monthly Parent Chat. We hope that you will be actively involved in your child's learning. We welcome your ideas and suggestions.

Is the program recognized?

Our Nursery School is licensed under the Ministry of Education

We are part of the Ottawa Carleton Headstart Association of Preschools (OCHAP)

Are the staff well qualified?

We are proud of our professional nursery school staff. They are all qualified Registered Early Childhood Education specialists.



To find out more about
the nursery school,
call

(613) 798-5689