



### **Mission**

We are committed to the well being of our community. We promote, through a supportive environment, social, economic, physical, mental and environmental health.

### **Values**

We believe that:

1. All people have the right to the essential conditions and resources for good health: peace, shelter, education, food, income, social justice, equity and a healthy environment.
2. Justice and dignity are rights of all people regardless of gender, race, culture, age, social-economic status, sexual orientation, religion, marital status, ability or health condition.
3. Women and children are two historically disadvantaged groups in society; we work to increase their choices and autonomy through challenging and changing systems and attitudes that perpetuate poverty, injustice or violence against women and children.
4. The promotion of good health involves a focus on the whole person.
5. We are directed by the communities we serve.
6. In building and supporting a healthy community, we focus on mutual respect, teamwork and collaboration.